

VICTORIA HOUSE MENU

SPRING/SUMMER

WEEK ONE

MON

Morning

Fresh Fruit Platter & Whole Grain Crackers

Lunch

Chicken, Sweetcorn & Courgette velouté
w/ Parmentier Potatoes

Afternoon

Crudités w/ Dip

TUES

Morning

Fresh Berries & Greek Yoghurt

Lunch

Ratatouille w/ long grain rice

Afternoon

Garlic Baguette w/ Houmous

WED

Morning

Rice Cakes w/ Apple

Lunch

Beef Lasagna

Afternoon

English Crumpets w/ Strawberry Jam

THURS

Morning

Multigrain Crackers w/ Sultanas

Lunch

Vegetable Pasta Bake

Afternoon

English Muffin w/ Sunflower Seed Butter

FRI

Morning

Wholewheat Pitta Pocket w/ Cheddar & Ham

Lunch

Fish Pie w/ Petits Pois

Afternoon

Sliced Apple w/ Wholegrain Oat Bars

VICTORIA HOUSE MENU

SPRING/SUMMER

WEEK TWO

MON

Morning

Fresh Fruit Platter & Mini Rice Cakes

Lunch

Chicken Katsu Curry w/ Long Grain Rice

Afternoon

Crudités w/ Dip

TUES

Morning

Apple and low-fat cheese sticks

Lunch

Ratatouille w/ Wholewheat Pasta

Afternoon

English Muffin w/ Sunflower Seed Butter

WED

Morning

Scotch Pancake with Fresh Berries

Lunch

Beef Stew w/ Mashed Potatoes

Afternoon

Garlic Baguette w/Hummous

THURS

Morning

Banana & Wholegrain Cereal

Lunch

Macaroni Cheese w/ Salad

Afternoon

English Crumpets w/ Strawberry Jam

FRI

Morning

Wholewheat Pitta Pocket with Cheese &
Ham

Lunch

Cottage Pie w/ Petits Pois

Afternoon

Sliced strawberries with honey & yoghurt