



victoria house nursery

SPRING/SUMMER MENU WEEK ONE

MON

Morning

Fresh Fruit Platter & Whole Grain Crackers

Lunch

Vegetable Pasta Bake

Afternoon

Crudités w/ Dip

TUES

Morning

Fresh Berries & Greek Yoghurt

Lunch

Homemade Cottage Pie

Afternoon

Garlic Baguette w/ Houmous

WED

Morning

Rice Cakes w/ Apple

Lunch

Chicken Katsu Curry w/ Rice

Afternoon

English Crumpets w/ Strawberry Jam

THURS

Morning

Multigrain Crackers w/ Sultanas

Lunch

Macaroni Cheese & Tomato Salad

Afternoon

English Muffin w/ Sunflower Seed Butter

FRI

Morning

Wholewheat Pitta Pocket w/ Cheddar & Ham

Lunch

Bangers & Mash

Afternoon

Sliced Apple w/ Wholegrain Oat Bars



victoria house nursery

SPRING/SUMMER MENU WEEK TWO

MON

Morning

Fresh Fruit Platter & Mini Rice Cakes

Lunch

Pasta Bolognese

Afternoon

Crudités w/ Dip

TUES

Morning

Apple and low-fat cheese sticks

Lunch

Cheese and Potato Pie

Afternoon

English Muffin w/ Sunflower Seed Butter

WED

Morning

Scotch Pancake with Fresh Berries

Lunch

Meatballs in Tomato Sauce w/Pasta

Afternoon

Garlic Baguette w/Hummous

THURS

Morning

Banana & Wholegrain Cereal

Lunch

Vegetable Curry with Basmati Rice

Afternoon

English Crumpets w/ Strawberry Jam

FRI

Morning

Wholewheat Pitta Pocket with Cheese &
Ham

Lunch

Homemade Lasagna

Afternoon

Sliced strawberries with honey & yoghurt